

\$9.99 LUNCH

11-3pm
TUE-FRI

..... **SANDWICHES & WRAPS**

served with soup, side salad, or chips

TURKEY, APPLE, & BRIE

on multigrain panini

TUNA SALAD MELT

tuna, apples, shallots, celery & pecans
on toasted ciabatta with melted provolone

FIESTA PULLED PORK WRAP

monterey jack, black bean & corn salsa,
guacamole, romaine, side of salsa
may sub chicken for pork

CRANBERRY CHICKEN SALAD

cranberries, pecans, celery, mayo - choice of whole
grain bread, flour tortilla wrap, or bed of romaine

SMOKEY B.L.A.T.

applewood smoked bacon, romaine, tomato, sliced
avocado, chipotle aioli, on toasted sourdough

GRILLED CHEESE

cheddar, monterey jack, provolone, and parmesan
on sourdough - add bacon \$2

SWISS TURKEY MELT

turkey, swiss, applewood smoked bacon, tomato,
chipotle aioli on ciabatta

..... **FROM THE OVEN**

served with soup, side salad, or chips

SUMMER SQUASH LASAGNA

tomato sauce, basil, fontina, squash, zucchini,
spinach, baby portabella

MAC N' CHEESE

choice of parmesan truffle or pimiento

ENCHILADAS

chicken, corn tortilla, salsa verde, monterey jack,
avocado, sour cream, cilantro

..... **SALADS**

add chicken or pulled pork for \$5, salmon for \$9

WATERMELON SALAD

arugula, lime juice, shallot, candied pecan,
watermelon, mint, feta

DETOX SALAD

kale, mixed greens, chick pea, red onion, lemon
honey vinaigrette, avocado, feta, sunflower seeds